

# BABY BLUES OR DEPRESSION?

Join us for a safe, confidential, non-judgmental (FREE) presentation for moms who are struggling with the baby blues.

- What are the baby blues?
- Depression Screenings
- Mom to mom peer support

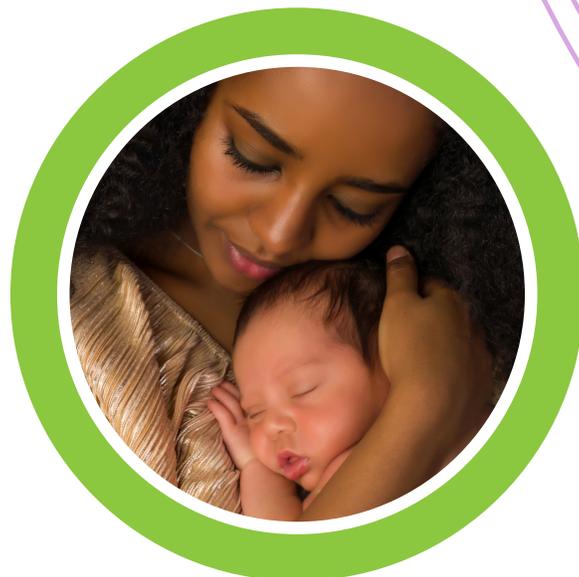
YOU ARE NOT ALONE!

## WHEN

- Thursday, September 28, 3:00-5:00 PM
- Thursday, October 26, 11:00 am – 1:00 PM
- Thursday, November 30, 3:00 pm - 5:00 PM
- Thursday, December 21, 11:00 am – 1:00 PM

## JOIN US

Register today!  
Call Amy at  
570-961-5550 ext 2513



Featured Speaker  
KRISTEN MILLER-HAHN, LCSW, PMH-C



# MFHS